



# REFLECTION

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Reflection is the key element that makes service learning different from community service. Throughout your project it is important to set aside time for meaningful reflection, when participants can openly express thoughts and emotions about the service. It is important to connect the service experience with the curriculum.

## ***Reflection Questions***

### **What?**

Start with your senses – what you saw, heard, felt, smelled, etc. Then remember what happened, what you did, the funny and serious things that were planned and unplanned. Finally, discuss your feelings during the service and how you dealt with them.

### **So What?**

The three R's can help you with reflection. **Reality** means the big picture of what conditions are really like. Look for the connection between what you saw and the **reasons** for larger social issues. Then, **respond** by exploring what is being done to deal with the problem and its causes.

### **Now what?**

What are you going to do with what you've seen, experienced, and learned from the service? Decide how you can continue to be involved in your community, and start planning your next project.

## ***Reflection Ideas***

storytelling	autobiography	bulletin board
journal	letters	games
video	discussions	presentations
role playing	song	photos/slides
painting	sculpture	collages
skits	scrapbook	dance
guided imagery	posters	essays
banners	cartoons	visualization
speeches	games	puppet shows
editorials	giving challenges	poetry



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