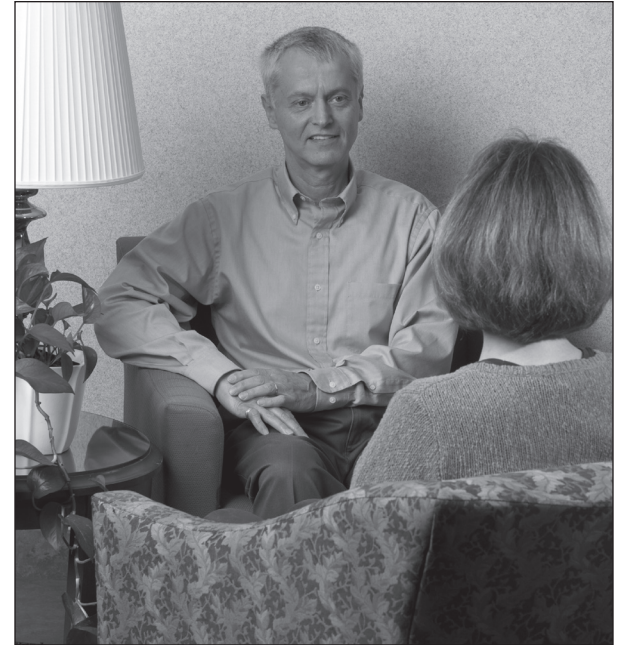


EMPLOYEE ASSISTANCE



The University of Wisconsin Colleges and University of Wisconsin-Extension Employee Assistance Office provides employees with **free, voluntary, and confidential assistance** in dealing with **work-related and personal issues.**

Employee Assistance Office
226 Lowell Center
610 Langdon St.
Madison, WI 53703

**Free, voluntary, and confidential assistance for
UW Colleges and UW-Extension employees**

Where is the Employee Assistance Office located?

226 Lowell Center
610 Langdon St.
Madison, WI 53703

To make an appointment with the Employee Assistance Office

☎ Phone:
(7:45 a.m. – 4:30 p.m., Monday – Friday)
(800) 385-8511
(608) 265-5127

☎ Wisconsin Relay:
711

☎ Fax:
(608) 265-3398

✉ E-mail:
patrick.ducharme@uwex.uwc.edu

Web site:
<http://www.uwex.uwc.edu/eao>

 UNIVERSITY OF WISCONSIN
Colleges
The freshman/sophomore UW campuses


University of Wisconsin-Extension

UW Colleges and UW-Extension Employee Assistance

What is the Employee Assistance (EA) Office?

The UW Colleges and UW-Extension Employee Assistance Office is a confidential resource for employees who are finding it difficult to successfully cope with work-related and/or personal issues and concerns.

Services include:

- + Consultation
- + Problem solving
- + Short-term counseling
- + Referral to campus and community resources

Who can use EA?

All UW Colleges and UW-Extension employees (including limited-term and project employees), their immediate families and significant others are eligible for EA services.

How can EA help?

EA can help you find options and resources for dealing with issues including:

- + stress
- + relationships
- + drug and alcohol dependencies and abuse
- + impact of disability and chronic disease on individuals and families
- + conflict
- + finances
- + separation and divorce
- + elder care
- + emotions
- + family violence
- + grief

How does EA work?

You can initiate contact with EA directly, or a family member, co-worker, union representative, supervisor, manager, director or department chair may suggest that you contact EA. Your participation is voluntary. For your convenience, appointments are available in person and via phone.

Is EA confidential?

Contact with the EA staff is confidential within limits governed by federal and state regulations. No record of service provided by EA staff will be entered in your personnel file.

How much does EA cost?

EA services are available at no cost. For services that go beyond those offered by EA, referrals are made to a variety of campus and community resources.

What services are available to managers and supervisors?

EA can provide consultation and training designed to help managers and supervisors effectively deal with workplace situations including:

- + stress
- + conflicts
- + respect for colleagues
- + grief/loss
- + other topics as needed

Can EA services be used during work time?

Work time can be used to contact the EA Office and for appointments with the EA consultant.

When is help available?

7:45 a.m. – 4:30 p.m., Monday – Friday



Experienced professional staff

Patrick DuCharme, CISW, CEAP
Employee Assistance Program Consultant
UW Colleges/UW-Extension
MSSW, UW-Madison

Patrick has 20 years' experience in providing employee-assistance services and more than 15 years of experience in adoption, developmental disabilities and mental health services. He is a certified independent social worker in the state of Wisconsin and is certified as an employee assistance professional by the Employee Assistance Professionals Association.